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STARTERS

SOUP OF THE DAY (v)

£5.50

served with Ben Madigan's Wheaten (2,7)

SALT & CHILLI SQUID

£6.95

with slaw, coriander gremolata and garlic mayo (4,5,12,14)

BEN'S 'FAMOUS' SEA FOOD

CHOWDER

sm £5.95 / lrg £12.95

locally sourced sustainable seafood with chorizo, tomato, spring onion and fresh herbs served in our own cream sauce (1,2,3,5,7,8,14)

HONEY GLAZED BEEF

strips of tender beef, served with slaw, chilli lime dressing & Thai mayo (2,4,12,14)

BONELESS CHICKEN

sm £5.95 / lrg £10.95

fried in our buttermilk coating and tossed in Black Pepper BBQ sauce, served with crisp salad (2,9,12,14)

BUFFALO CHICKEN SALAD

£5.50

£6.45

chicken strips tossed in our own Buffalo sauce with crisp leaves, baby gem and Asian slaw, topped with Chipotle, Aioli & garlic dressing. (2,4,7,12,14)

STEAMED 'DUNDRUM'

MUSSELS

sm £6.95 / lrg £11.95

served with a choice of white wine garlic cream sauce or a tomato and mixed pepper sauce, served with lemon gremolata and toasted sourdough bread (2,3,5,7,8)

'FIVEMILETOWN' GOATS CHEESE SALAD (v)

whipped goats cheese with honey, pickled organic beets, candied walnuts and balsamic glaze served with lettuce cups and focaccia chips (2,7,10,13,14)

CRISPY HOT CHICKEN

WINGS

sm £6.95 / lrg £10.95

tossed in a choice of Ben's Tangy hot or BBQ and black pepper sauce, served with crisp salad and our homemade blue cheese dip (7,9,12,14)

MAINS

SPICED SALMON FILLET

£15.95

£14.95

pan-seared Salmon fillet, with chorizo ratatouille and garlic and chilli potatoes (1,5,14)

HERB MARINATED CHICKEN **SUPREME**

with smoked bacon and chive mash, seasonal greens, sauteed wild mushrooms and a Veal jus (7,14)

BEN'S SEAFOOD CASSEROLE

£15.95

a selection of local fillets of fish, mussels and prawns cooked in a traditional tomato 'Bisque' sauce served with gremolata and toasted sourdough (1,2,3,5,8,9)

'FEATHERBLADE' OF BEEF

£14.95

slow-braised Featherblade of beef with Drew's organic root vegetables, buttery creamed potatoes and red wine jus (1,7,14)

BEN'S BIG BURGER

£14.95

£14.95

'McAtamaneys' 80z Beef Burger with crisp lettuce, beef tomato, red onion and pickle with smoked bacon, Applewood cheese, beer-battered onion ring and our own Burger Sauce. Served with a choice of side (1,2,7)

BEN'S 'FAMOUS' SLOW BRAISED BEEF CHEEK

served with Parmesan mash, tender stem broccoli and peppered sauce (7,14)

BEER BATTERED HADDOCK £13.95 served with chunky chips, tartar sauce and mushy peas

(2,4,5,9,14)

BEN'S 'BUTTERMILK' CHICKEN BURGER

chicken breast coated in a buttermilk and spiced chicken flour in a dressed Brioche Bun with herb mayo and red pepper ketchup and a choice of side (1,2,7,9)

CLASSIC CARBONARA

£13.95

Penne pasta tossed with chicken in a smoked Pancetta and white wine sauce, topped with Parmesan and garlic bread (2,4)

At Ben Madigan's our ethos is 'locally sourced ingredients, cooked fresh'. Where possible, all our fish comes from local waters, and all our beef is Northern Irish, Farm Quality Assured

ALLERGEN INFORMATION

- 1. Celery 2. Cereals containing Gluten 3. Crustaceans
- 4. Eggs 5. Fish 6. Lupin 7. Milk 8. Molluscs 9. Mustard
- 10. Nuts 11. Peanuts 12. Sesame Seeds 13. Soya
- 14. Sulphur Dioxide/Sulphites



Every care is taken to avoid any cross contamination when processing a specific allergen free order. We do however work in a kitchen that processes allergenic ingredients and does NOT have a specific allergen free zone or separate dedicated fryers. Allergen data is held on each or our dish ingredients. Ask your server for more details

Day Menu BENESTI 2019 MADIGANS



FROM THE GRILL

GRILLED 10oz SIRLOIN

£22.95

with herb-roasted Portabello mushroom, braised fennel, roasted shallots and oven roasted tomato, with peppered sauce and choice of side (7,9,14)

BEN'S SURF & TURF

£26.95

80z Rib-eye topped with local prawns tossed in garlic butter and choice of side (1,3,5,8)

8oz RIB-EYE

£22.95

with herb-roasted Portabello mushroom, braised fennel, roasted shallots and oven roasted tomato, with peppercorn sauce and choice of side (7,9,14)

SIDES

DIPS

AIOLI

£4.50

£0.50

SEASONAL VEGETABLES	
PARMESAN FRIES (7)	£4.95
TRUFFLE FRIES	£4.95
SWEET POTATO FRIES	£4.95
SKINNY FRIES	
CHUNKY FRIES	
CREAMY MASHED POTATOES (7)	
MUSTARD MASH (7,9)	
CHAMP (7)	
ONION RINGS (2)	
PEPPER SAUCE (7)	£2.50
GRAVY	£2.50

GARLIC MAYO, BBQ DIP, CHIPOTLE DIP, CHILLI

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VEGAN & VEGETARIAN

VEGAN BITES

£6.25

plant based 'Southern Fried Bites' in Ben's vegan hot sauce and a vegan garlic mayo dip (2,9,12,13,14)

PENNE PASTA ARRABIATA (v)

£12.45

with roasted vegetables in a tangy tomato sauce, shaved Parmesan and Chilli Gremolata (2,4,7,14,15)

SALT & CHILLI TOFU(v) sm £6.25 / lrg £12.95

crisp Tofu with Asian slaw, garlic mayo & chilli gremolata (1,12,14)

VEGAN FALAFEL BURGER

£12.95

spiced chickpea burger topped with Peperonata served in a dressed Vegan bun and a choice of side (1,2,6,13,14)

VEGAN CASSEROLE

Autumnal root vegetable and new potato casserole topped with garden herbs and Sourdough (1,2,9)

MEDITERRANEAN VEGETABLE £12.95 RATATOUILLE (v)

with garlic chilli potatoes and tempura of greens (1,2,8,9,13)

DESSERTS

TRIO OF CHOCOLATE BROWNIE £5.95 with fudge sauce, caramel ice-cream and Biscoff biscuit

crumb (2,4,7,10)

WHITE CHOCOLATE CHEESECAKE 5.95

with spiced berry compote and chantilly cream (7,13,14)

CLASSIC CREME BRULEE

with winter berry coulis (4,7)

STICKY TOFFEE PUDDING

£5.95

served with butterscotch sauce & vanilla ice cream (7,10,13)

SPICED APPLE & PEAR

£5.95

CRUMBLE served with bourbon vanilla ice-cream (2,7,10)

TRIO OF ICE-CREAM

£5.95

served with butterscotch sauce (7, 10, 13)

